

Breakfast Consists Of Fresh Milk or Water

Toast with Sliced Bananas

Selection of Cereals with Forrest Fruits

Porridge Oats with Blueberries



Lunch

Afternoon Tea

Monday

Macaroni Cheese and Ham Pasta
Peaches and Cream

Selection of Sandwiches
Salad & Fruit

Tuesday

Butternut Squash and Sweet Potato
Curry with Naan Bread
Banana's and Custard

Crackers with a Choice of Toppings
Salad & Melon Balls

Wednesday

Cod Fish and Vegetable Pie
Melon Balls with Blueberries

Selection of Sandwiches
Salad & Yoghurt

Thursday

Salmon and Vegetable Pasta Bake with
Garlic Bread
Pineapple Upside-Down Cake

Pitta Bread with a Choice of Fillings
Salad & Fruit

Friday

Cheese and Mexican Bean Tortilla Wrap
Ice Cream

Homemade Soup with Bread Rolls
Yoghurt